

Helping **PEOPLE, COMMUNITIES** and the **PLANET**



AMBASSADORS

Join Friends for Change to Take Action
to Be a Leader and Help Others!

**HELP US REACH OUR GOAL OF 1 MILLION
POSITIVE ACTIONS TO ADDRESS BULLYING**

How? By learning about different cultures, starting a club with new friends and sharing positive messages.

SIX STEPS TO START A NEW FRIENDS CLUB

STEP 1: DO YOUR RESEARCH

What does it take to make new friends? Ask yourself:

- If I were new, what would make me feel welcome?
- What issues do my friends face (bullying, racism, etc.) and how can I help?
- What makes me who I am (my culture, friends, race, hobbies and interests)?
- How can we learn to accept and respect our differences?



FREE THE CHILDREN
children helping children through education

Friends for Change has teamed up with Free The Children—the world's biggest network of kids helping kids—to inspire each other to become global citizens and agents for change around the world.

freethechildren.com

STEP 2: CREATE A MISSION

Once you've done your research, create your club's mission.

- What is the goal of your club? (i.e. stop cyber bullying, treat friends fair, etc.)
- What activities can you do to reach that goal? (i.e. create a kindness board to post nice things about each other, throw a party to celebrate our differences with food from all over the world, etc.)



To find out more ways you can be a Friend for Change, visit:
Disney.com/friends



STEP 3: PICK POSITIONS

Ask friends to join your new club. Every member has strengths to offer. Pick a:

- President
- Vice President
- Secretary
- Treasurer

Play the Name Game:
Take turns to say your name and add an adjective that starts with the same letter (i.e. Super-sweet Sara). Repeat aloud as a group.

STEP 4: MEET UP

Get together and get excited about your mission with these helpful meeting tips:

- Begin with a fun activity to get to know each other
- Make “to do” lists & assign jobs (make sure members do their jobs)
- Set dates for future meetings

STEP 5: TAKE ACTION

Time to take action! Find an activity that makes a difference and tell people about it!

- Share your plan with the local news
- Tell your teachers about your plan and ask for their help
- Create posters, e-mail or blog to tell others what you are doing

STEP 6: CELEBRATE

YOU'RE DOING GREAT, SO DON'T FORGET TO CELEBRATE!

Share your accomplishments with your family, friends, school and community. Don't forget to thank your supporters!

Guess Who:

Write down a fun fact about yourself and place it in a bowl. Pass the bowl around for everyone to pick a fact. Take turns reading the facts aloud and let the group guess who matches what!

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