

Pack this healthy, carefree snack when you hit the trail for some Safari fun! »

# PUMBAA & TIMONS' HAKUNA MATATA TRAIL MIX

## Suggested Ingredients:

Cranberries



Almonds



Apricots



Mango



Pumpkin Seeds



Coconut



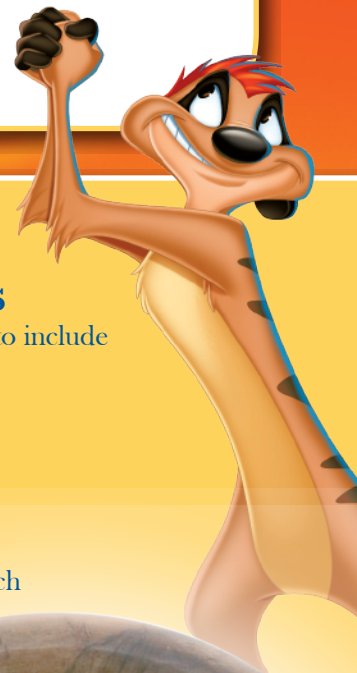
Blueberries



Yogurt Raisins



Apples



## Instructions:

### STEP 1: PICK YOUR INGREDIENTS

Collect four of your favorite dried fruit and nuts to include in your trail mix. See suggestions below.

### STEP 2: ADD IT UP

Pour 4 oz. of each ingredient into a large clean bowl.

### STEP 3: MIX IT UP

You want each handful of trail mix to include a little of each ingredient so mix your ingredients well.

### STEP 4: SAMPLE AND ADJUST

Taste your mix and adjust your recipe until it's just right.

### STEP 5: PACK IT UP TO GO

Fill a small baggy or container with your trail mix and you're all set to go!



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# PUMBAA & TIMON'S BUG BUFFET!



Present your guests with a nutritious and delicious Bug Buffet, by trying these fun and fruity ideas!

Things you will need: **TOOTHPICKS** (for assembling), **HONEY** (for stickiness), **FRUIT** (for making yummy bugs)



## Lady-Berry Bugs

**Body** » Strawberry halves coated in honey. **Head** » Grape attached with toothpick. **Spots** » blackberry drupelets stuck to honey coating.



## Green Fig Beetle

**Body** » Green fig half split halfway up the center. **Head** » Fig top attached with toothpick. **Eyes** » champagne grape halves stuck on with honey.



## Blue Nanapede

**Body** » Banana with notches cut along the side and blueberries lined up on the back. **Head** » Blackberry attached with a toothpick.



## Giant Kiwi Bug

**Body** » Kiwi half split partway down the back. **Head** » Kiwi top attached with toothpick. **Eyes** » champagne grape halves stuck on with honey.

## Ant Appetizer

Celery stalks, peanut butter and raisins or dried cranberries. Fill the center channel of your celery with peanut butter and raisins as shown. Have fun trying to make the habitat look as real as possible!



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An illustration of Timon and Pumbaa from Disney's The Lion King. Timon is on the left, leaping in the air. Pumbaa is on the right, rearing up on his hind legs. A small red ladybug is flying above Pumbaa's head. The background is a light blue sky with a dotted line.

# PUMBAA & TIMON'S BUG SLUDGE SMOOTHIE

**A Perfect Prideland Punch!**

**GET CREATIVE** with your smoothies by adding creepy, crawly fruit creations as a garnish!



## SMOOTHIE RECIPE

INGREDIENTS (for the smoothie shown):

- 1 cup frozen mixed berries
- 1 cup vanilla yogurt (regular or frozen)
- 1 cup skim milk
- 1 banana

PREPARE: Combine all ingredients in a blender and blend until smooth.



THE  
Disney  
LION KING  
DIAMOND EDITION

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