

# Kwanzaa Flash Cards Instructions

## MATERIALS

- Scissors or cutting tool
- Printing paper
- Printer
- Treats or stickers



## SUPPLIES INSTRUCTIONS

NOTE: Cutting with scissors or any cutting tool intended for grown-ups only.

- 1 Print a set of flash cards for each child.
- 2 Cut out and mark the back of each card in the set with the child's initials.
- 3 Print one set for the grown-up leader.
- 4 Print the poster with images of each item.
- 5 Have stickers or treats on hand to use as rewards.

## GAME INSTRUCTIONS

- 1 Distribute a set of cards to each child.
- 2 The poster should be laid flat on the floor or on a table.
- 3 The leader holds up a card and says this is called a "Mkeka" and explains its use.
- 4 The leader then points to a child and asks, "Can you place the Mkeka card on the same picture? Can you say 'Mkeka'?"
- 5 At the end of the game, the child with the most correct cards (check the initials on the back) is declared the winner. All children should receive a treat.
- 6 The game can be made more difficult by asking the child to supply the meaning or by playing against a timer.

## CARD NAMES

**MAZAO** (mah-ZAH-oh)

**CROPS**- These crops honor harvest festivals of the past and celebrate the fruits of community labor.

**MKEKA** (muh-KAY-kah)

**A STRAW MAT** - The straw mat represents the foundation on which traditions and communities are built.

**KINARA** (kee-NAR-ah)

**THE CANDLE HOLDER**- The candle holder represents the roots from which life flows.

**MUHINDI** (moo-HEEN-dee)

**EARS OF CORN**- Traditionally there is one ear of corn to represent each child in the house. Children symbolize the hope for the future.

**MISHUMAA** (mee-SHOO-mah)

**THE SEVEN CANDLES**- The seven candles represent the Seven Principles of Kwanzaa, values which African communities are encouraged to live by.

**KIKOMBE CHA UMOJA** (kee-COMB-bay chah oo-MOW-jah)

**THE CUP OF UNITY**- Everyone at the feast will sip from the cup to symbolize unity. Prior to taking a sip, participants may say "Harambee"! (Let's pull together!)

**ZAWADI** (zah-WAH-dee)

**GIFTS**- Kwanzaa gifts represent the love of parents and commitments made by children. Traditionally these gifts are handmade and enriching.

**KARAMU** (kah-RAH-moo)

**THE FEAST OF KWANZAA**- This feast celebrates the accomplishments of the entire community with food, dancing, music, and laughter. It is held on the evening of December 31.

**Kwanzaa Flash Cards**

**Mazao  
Crops**



**Disney Junior**  
ON DISNEY CHANNEL

©Disney

**Mkeka  
Straw mat**



**Disney Junior**  
ON DISNEY CHANNEL

©Disney

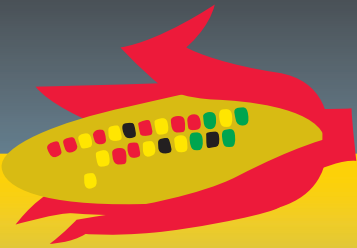
**Kinara  
Candle holder**



**Disney Junior**  
ON DISNEY CHANNEL

©Disney

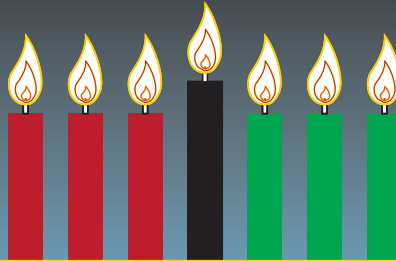
**Muhindi  
Corn**



**Disney Junior**  
ON DISNEY CHANNEL

©Disney

**Mishumaa  
Seven candles**



**Disney Junior**  
ON DISNEY CHANNEL

©Disney

**Kikombe  
Cha Umoja  
Cup of Unity**



**Disney Junior**  
ON DISNEY CHANNEL

©Disney

• Please have a grown-up cut along the dotted line.

**Zawadi  
Gifts**



**Disney Junior**  
ON DISNEY CHANNEL

©Disney

**Karamu  
Feast**



**Disney Junior**  
ON DISNEY CHANNEL

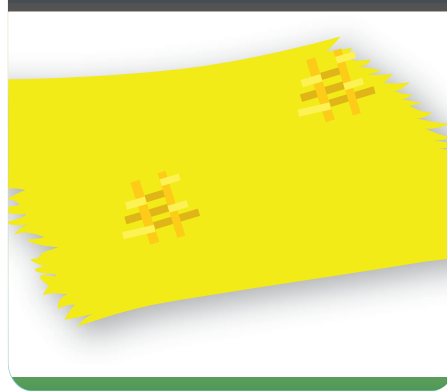
©Disney

**Kwanzaa Poster**

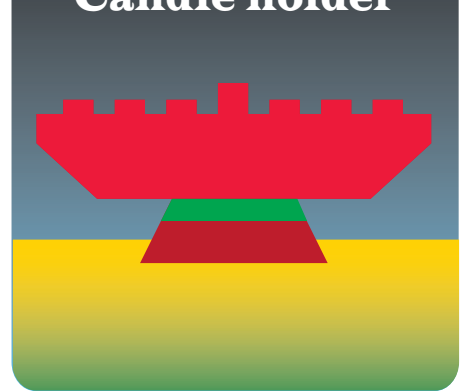
**Mazao  
Crops**



**Mkeka  
Straw mat**



**Kinara  
Candle holder**



**Muhindi  
Corn**



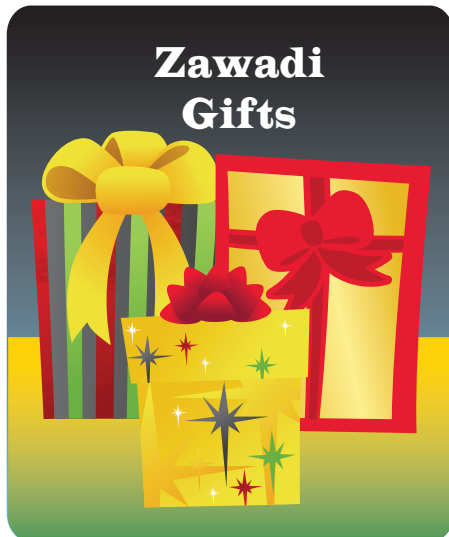
**Mishumaa  
Seven candles**



**Kikombe  
Cha Umoja  
Cup of Unity**



**Zawadi  
Gifts**



**Karamu  
Feast**

