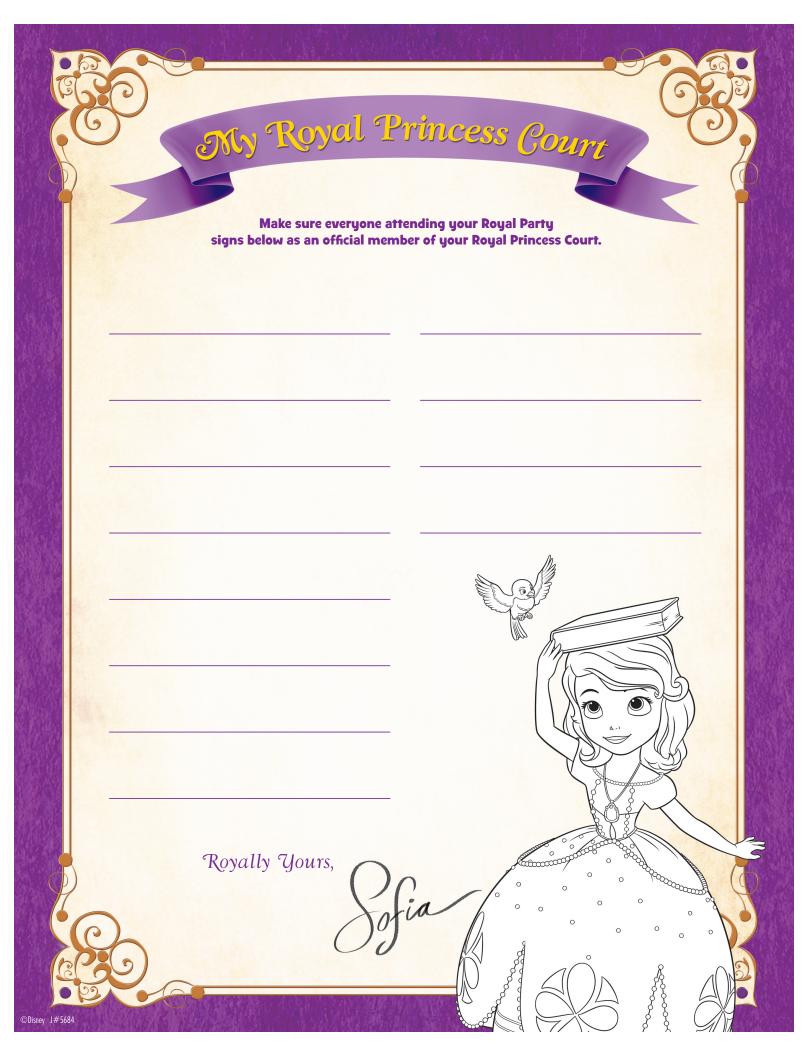


# My Princess Crest

Royal families often have a symbol called a "Crest." A crest is made up of things that are important to the family. Create your own personal Princess Crest by drawing in the three spaces below.















Tyou. Are Invited!	

Come dance, play and watch the movie premiere with us!



### Tea Party Talk

- 1. What would you love most about being a prince or princess?
- 2. If you could have any magical power, what would yours be?
- 3. What do prince and princesses do?
- 4. Who is your favorite Disney Princess?
- 5. What makes you like a prince or princess?
- 6. Imagine you could have your own royal ball. What would your party be like?
- 7. If you could design your own royal crown or tiara what would it look like?
- 8. What can you do to be kind to animals?
- 9. When you wish upon a star, what do you wish for?





### How To Waltz

The waltz is a classic dance that's fun and easy to do. If your child already knows how to count to three, she's off to a great start! The waltz is also a good way to reinforce the concept of left and right.

- 1. Start by lining up, facing the front of the room. Step your left foot forward and count "1"
- 2. Step your **right** foot **forward** and to the right, like you're making an "L" shape, and count "2"
- 3. Bring your **left** foot to meet your right and count "3"
- 4. Step your right foot backward and count "4"
- 5. Step your **left** foot **backward** and to the left, like you're making an "L" shape, and count "**5**"
- 6. Bring your right foot to meet your left, count "6" and repeat!

Start



fun on video!

<sup>\*</sup> For older children, show them how their steps make a square, or box, as they dance.

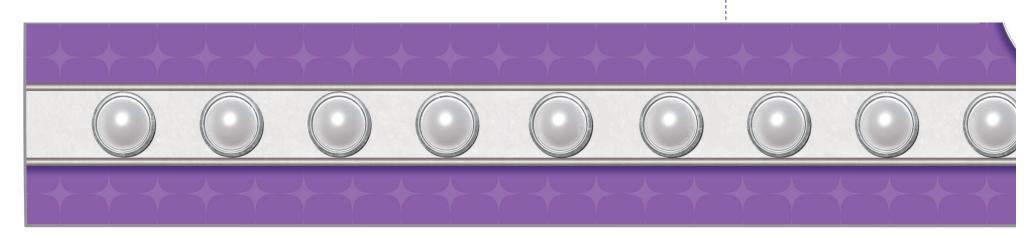
Practice a few times together, then add music. Moms, join in the fun and partner with your daughters. Don't forget to capture the

<sup>5</sup> 





Cut along line



You will need a color printer, cutting tools and tape.

- 1. Print out all 3 pages of the crown.
- 2. Cut along the gray outline.
- 3. Piece the crown together with tape.
- 4. Fit crown to childs head.















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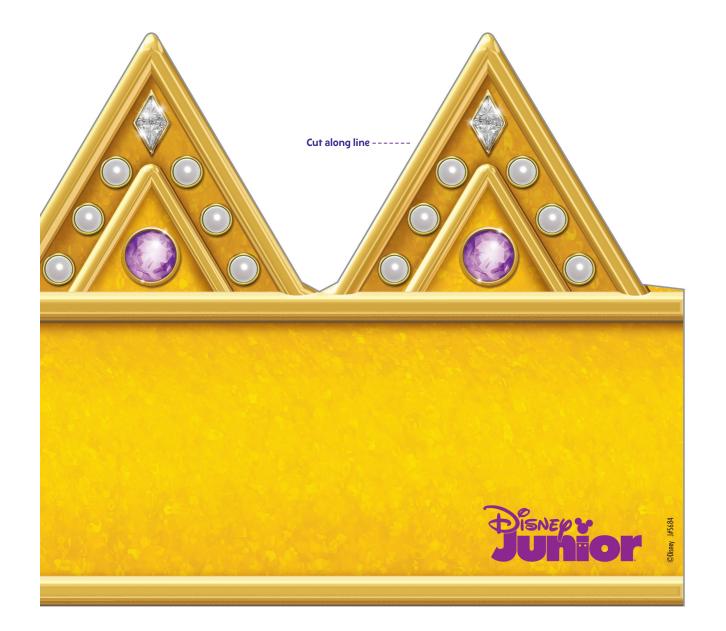
















## Recipe Ideas



# For Royal Recipe Ideas Go To: **DisneyJunior.com/recipes**

#### 1. Castle Cake

http://disney.go.com/disneyjunior/recipes/cakes-cupcakes/ princess-castle-cake-1824159

### 2. Princess Tea Party Sandwiches

http://disney.go.com/disneyjunior/recipes/appetizers/ princess-tea-party-sandwiches-1823372

### 3. Bouquet of Veggie Flowers

http://disney.go.com/disneyjunior/recipes/healthysnacks/bouquet-of-veggies-flowers-1823469

#### 4. Rabbit's Carrot Sushi

http://disney.go.com/disneyjunior/recipes/lunch-ideas/winnie-the-pooh-rabbit-carrot-sushi-1824931











### Cupcake Toppers





- 1. Carefully cut along the lines.
- 2. Tape a toothpick to the back of a topper.
- 3. Decorate your cupcakes!

