



Doc McStuffins TRICK-OR-TREAT TIPS

Stay safe this Halloween with helpful trick-or-treating tips from Doc. Before you take your child trick-or-treating, go over these tips with him or her.

WHEN DRESSING UP

TIP 1

Fasten reflective tape to your child's costume and trick-or-treat bag so they can be seen in the dark.

TIP 2

Make sure your child's costume, shoes, and accessories fit well to avoid any accidental trips and falls.



WHILE TRICK-OR-TREATING

TIP 1

Trick-or-treating is more fun with family and friends. Stay together as a group, and make sure there is a trusted grown-up with children at all times.

TIP 2

Only visit well-lit houses.

TIP 3

Only enter homes of people you know and trust.

TIP 4

Carry a flashlight or glow sticks to help see better.

TIP 5

Avoid walking near lit candles (even if the candles are inside a jack-o'-lantern).

TIP 6

Walk – don't run – from house to house.

TIP 7

Children should only cross the street with a grown-up, and make sure to look both ways before crossing the street.

TIP 8

Stay on sidewalks and use crosswalks as much as possible.

TIP 9

Ask your child to wait until he or she gets home before eating treats.





Doc McStuffins TRICK-OR-TREAT TIPS



ONCE YOU'RE HOME FROM TRICK-OR-TREATING



TIP 1

Before your child eats any of the treats that he or she has collected, check to see if any of the treats are choking hazards or if they've been opened. If you find any that don't look safe to eat, throw them away.

TIP 2

Eat only sealed, store-bought treats. Discard any homemade treats, even if it's from a neighbor!



TIP 3

Limit the amount of treats your child eats. Even though kids associate Halloween with sweet treats, it's important to keep good nutrition in mind.



And remind your child, as Doc says:
"There's so much you can do to take care of you!"

