

Ingredients:

- ☐ 1 Cucumber
- ☐ 1 Pre-cut slice of oven roasted turkey
(or Chicken)
- ☐ ¼ Cup shredded carrot
- ☐ ½ Cup hummus
- ☐ ¼ Cup raisins
- ☐ ½ Head iceberg or butter lettuce



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For the sushi rolls, start by slicing half of the cucumber on the bias to make long thin strips that are 1/8 Of an inch thick. Then, take a slice of oven roasted turkey and cut into 8 individual strips. Stack one strip of turkey on top of each cucumber slice. Repeat this process 7 more times. Then, place shredded carrot at the end of each strip along with a small spoonful of hummus. Add a few raisins and roll it up carefully.

For the cucumber cups, slice other half of cucumber into circles that are 1 inch thick. Use a melon baller and scoop out the flesh. Place a spoonful of hummus, sprinkle some raisins, and add a few shredded carrots into cucumber cup.

For the lettuce cups, wash and separate lettuce leaves from core. Each leaf forms a cup. Place a spoonful of hummus, sprinkle some raisins, and add a few shredded carrots into the lettuce cup. Wrap lettuce cup in hand, and enjoy!