

WATERMELON SALAD

Ingredients:

- 3 cups of cubed seedless watermelon (approx 1" cubes)
 5 oz. baby arugula (or any other lettuce you have in the fridge)
 34 cup whole kalamata olives (pitted)
 ½ cup crumbled low or reduced-fat Feta cheese
- Half a red onion, thinly sliced or shaved (a little goes a very long way)
- ☐ ¼ teaspoon Salt
- ☐ 1 teaspoon olive oil
- 2 tablespoons of white vinegar



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Slice and cube the watermelon, removing the rind and making approximately 1 inch cubes.

Place arugula in a serving bowl.

Next, shave half of the red onion very thin and add to the serving bowl. Add the kalamata olives and feta as well.

Finally, add the watermelon to the serving bowl. Drizzle with the vinegar and olive oil. Salt to taste and stir gently so that all ingredients are melded together.

That's it! You're done! Mouth Watering and thirst quenching...

I promise you won't be able to get enough of this salad! And it's so easy you're laughing!



