

After a long day of watching the Ross kids, all Jessie wants to do is relax. Using this homemade lemon scrub in the bath is just the thing anyone needs after a long day. Made from ingredients found in your kitchen, this scrub is quick and easy to make! Pamper yourself in minutes or make a big batch to hand out to friends and family for the holidays.

Reminder

Only a grown-up should use knives and scissors.

Ingredients

- 1 fresh lemon
- 2 tbsp. olive oil
- 2 tbsp. organic honey
- 1 cup granulated sugar

Materials

- 8 1/2" x 11" copy and printer paper
- Jar labels on the following page
- Scissors
- Glass jar
- Glue
- Decorative ribbon
- Plastic cling wrap

How To Make It

1. Roll the lemon with your hand on the countertop or any surface. Apply light pressure with your hand as you roll it. This allows you to get more juice out of the lemon.
2. Have a grown-up cut the lemon in half.
3. Squeeze the juice through a strainer and into a small bowl. Discard the seeds and the rest of the lemon.
4. Add the olive oil into the bowl, and give it a stir to mix the lemon juice with it.
5. Add the organic honey and whisk the mixture together until it reaches a medium-thick consistency.
6. Add the sugar and, using a spatula, mix all of the ingredients together until well combined.
7. Set aside lemon scrub for now.
8. Print the following page on cardstock.
9. Have a grown-up cut out the jar labels.
10. Pour the lemon scrub into the glass jar and screw the lid on.
11. Glue the labels onto the jar -- one in front, and one in back.
12. Tie a strip of decorative ribbon on the neck of the jar.
13. Neatly apply plastic cling wrap around the jar to prevent the labels from getting wet in the shower or bath.



Jessie's Homemade Lemon Scrub

Label # 1 - Front of Jar



Label # 2 - Back of Jar

